

Chan Nels

“The ocean has always been a salve to my soul...the best thing for a cut or abrasion was to go swimming in salt water. Later down the road of life, I made the discovery that salt water was also good for the mental abrasions one inevitably acquires on land.”
- Jimmy Buffett

*The Newsletter of the
Sailing Club of Washington*

September 2012

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Commodore's Log

Chris McGraw, Commodore



Fall sailing and great winds are storming in with lots of exciting news for the club. We're happy to report that we have a full roster of volunteers on the Board with the affable Joe Bonanni joining the team as Treasurer. Please welcome him! Our great Boat Assets Committee is leading the way in buying and selling new boats and gear for our club. Our 1983 cruiser Topaz is now sold! Long live Topaz! We will bid her adieu this Saturday, September 8th. She's been a great boat but we're happy to move up to an even newer Catalina 250. Thanks to Tom, Bill, Mark and all the boat assets volunteers we've arranged a marine survey and decided to buy "Hiatus" a 2003 Catalina in very good condition that'll be perfect for quick sails and overnighters. She has a roller-furler headsail and coveted catbird seats with lots of room in the cockpit and a spacious interior including an enclosed head and a great seating area for playing cards or telling tales. Our new boat is berthed in the Middle river just north of Baltimore, so we'll be mounting a sailing expedition to bring her

to our area to get her outfitted for the club. More details are on page 2.

We've got lots of other exciting events coming up. The Leukemia Cup and President's Cup Regatta and parties are this weekend! Come out for dinner with Hall-of-Fame-sailor Gary Jobson on Friday, Sailing and a party on Saturday and more sailing and another great party with our sister club PRSA on Sunday! Then we'll have a great member meeting on Monday at Capitol City Brewing in Shirlington at 6:30 with speaker Jim Klein on the Racing Rules. (For more info, email Vice Commodore - Kyoko Kawai vice@scow.org) Also, we'll be doing social sails each



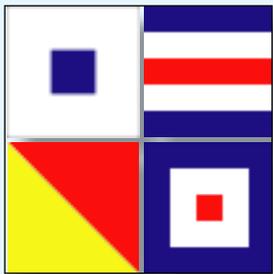
Thursday and we need your help to co-chef. Help bring some food and enjoy the great weather by touching base with our wonderful Social Director Anna social@scow.org. Most importantly, mark your calendar now for SCOW's swanky Hail and Farewell party to take place on November 17th. We dress up pretty good and it should be an amazing party!

Our Fall Basic Sailing, Cruiser class and Spinnaker class are all coming up soon and should be a real blast. Thanks to our great Training Director Tom and co-Director, Anne, and to fantastic instructors for doing the legwork to help share the love of sailing with our next graduating class. It's great to see what skillful sailors we're graduating! Our raftups are going great, too. Make sure to sign up and help skipper for our next raftup scheduled for September 28th! Email Faith river@scow.org to get involved! There's lots more coming up with fun membership events, cruiser racing, and a maintenance day set for October 13th all thanks to great volunteer Directors and members. So get in touch and we'll see you on the water!

Fair winds, Commodore Chris

Hiatus, our latest acquisition.





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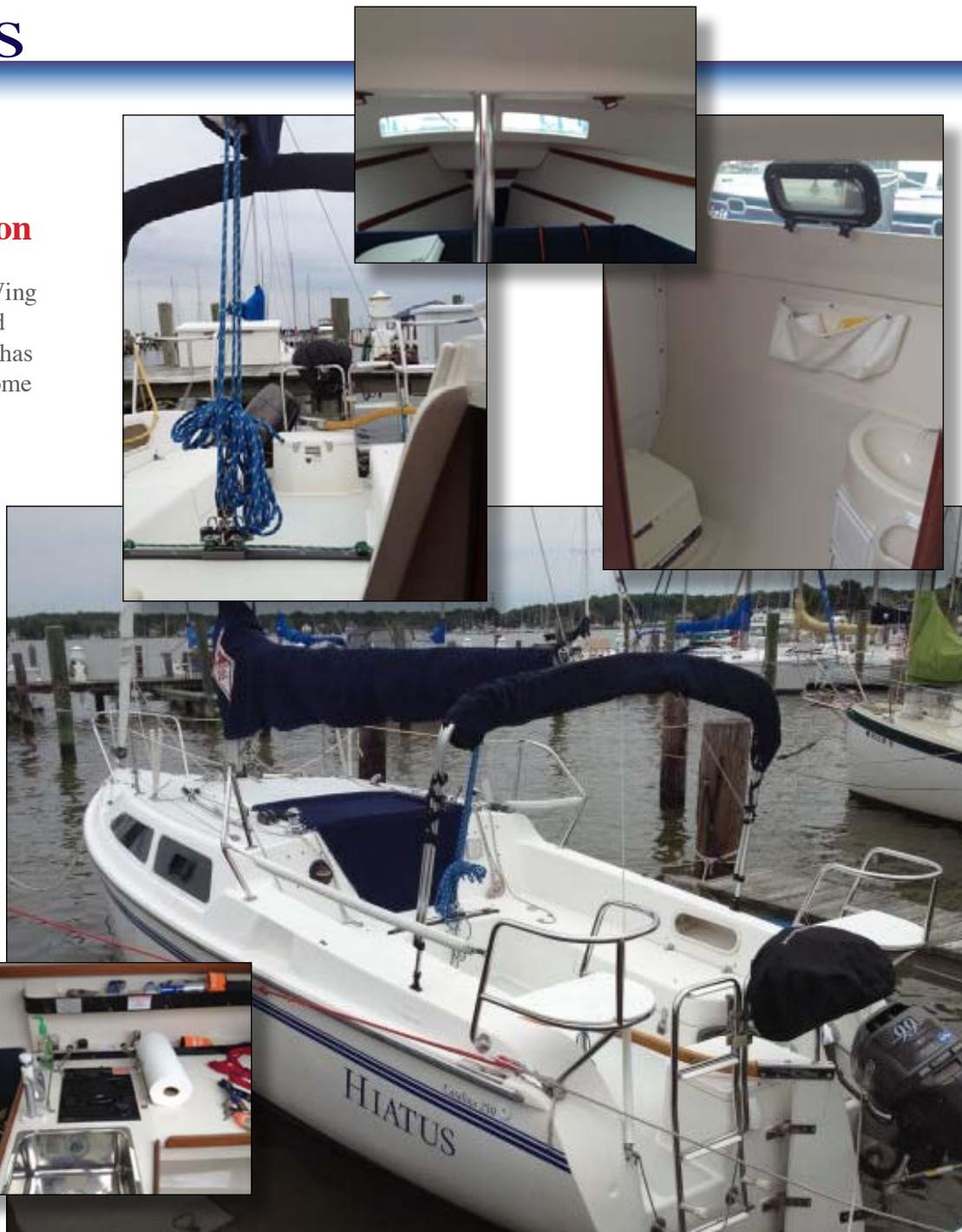
Hiatus, Our Latest Acquisition

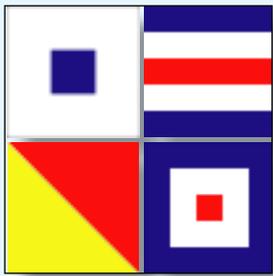
SCOW is purchasing a 2003 Catalina 250 Wing Keel sailboat in very good condition. Named "Hiatus", the Catalina 250 is a great boat. It has a lot of features that make it roomier than some larger boats.

- Catbird seats on the rear.
- There is a nearly queen size berth under the cockpit.
- The top of the cabin raises up to provide more headroom at anchor.
- the galley has a sink and a built-in stove.
- The head (bathroom) is fully enclosed for privacy.

The boat is in really good condition throughout. The genoa (headsail) is new this year, the fully battened main is in very good shape. Other highlights include a bimini sunshade, fresh bottom paint this spring, an on-board battery charger. The boat sleeps 4 comfortably, full canvas enclosure for the pop-top, a full cushion set, including cushions for the catbird seats, a depth meter and compass, a whisker pole, and roller furling.

We expect this may be one of our most popular cruisers for quick evening sails.





September 2012

The 19th Annual Leukemia Cup Regatta at the Washington Sailing Marina

Commodore's Log 1

SCOW encourages all members to come out to the marina this weekend for some (or all!) of the Leukemia Cup Regatta fundraising events! Funds raised from this annual event have gone a long way to help fight blood cancers, and this year we are on track to once again to make a significant impact on supporting individuals battling blood cancers. Click on the link below to hear a conversation with SCOW member George Umberger, 2012 Leukemia Cup Regatta Committee member.

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<http://www.comcastnewsmakers.com/video/2012-leukemia-cup-regatta/>

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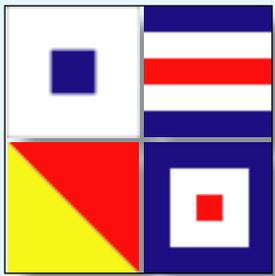
Wednesday September 5th: Leukemia Cup Raffle drawing will take place at Cantina Marina Restaurant, 600 Water Street, SW, on the Waterfront in Washington DC. Festivities begin at 6:00 pm, drawing at 8:30pm. If you don't have a raffle ticket yet for a chance at 7 nights in St Lucia with airfare for two, come out early to buy one there.

Friday September 7th: Dinner with guest speaker will take place at the Washington Sailing Marina in Alexandria on the lawn at 6:00 pm. Join fellow sailors and enjoy guest speaker Gary Jobson, world famous racing sailor and commentator for the recent America's Cup Race. \$10 per ticket at gate

Saturday, September 8th: The Race! The Skippers meeting is scheduled to begin at 9:00 am with the regatta to follow. Celebrate with the barbeque party, racing awards, silent auction and great live music on the lawn at the Washington Sailing Marina at 4:00 pm. \$10 per ticket at gate.

Not racing? Enjoy the excitement aboard a spectator boat out of Washington Sailing Marina, departing at 9:30, 10:30 & 12:15. Your \$10 donation for a 2 hr. cruise will include light refreshments and a unique view of the races. To make your advance reservations (required), contact Ria Freyberg at (703) 399-2838, Ria.freyberg@lls.org. All reservations are made on a space-available basis and pre-payment is required. No cancellations or refunds. Check-in at boarding time at A-dock at the Marina.





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SCOW Welcomes New Treasurer, Joe Bonanni

Kyoko Kawai, Vice Commodore

Thanks to all the SCOW members who expressed their interest in serving as SCOW's Treasurer. SCOW's Board is pleased to announce that Joe Bonanni has accepted the important role. Joe has served as Treasurer in social clubs and in not-for-profit settings and he is enthusiastic to help SCOW run our finances smoothly. We hope many of you will have chance to meet Joe soon.



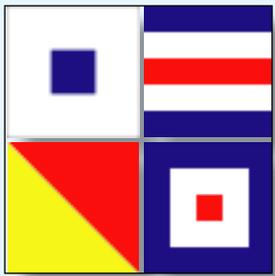
After the August SCOW Board meeting, the board welcomes Joe.

Right, Jim Klein observes the Special Olympics training one Monday night in July.

Next Membership Meeting, Monday, September 10th

As many SCOW members have been enjoying Flying Scots and Cruise racing, we thought it would be nice to provide SCOW Members and potential Members the opportunity to go over some basic racing rules. Jim Klein, Laser racer and SCOW cruiser racing skipper, is the guest speaker. Please join us at the Capitol City Brewery in Shirlington after 6:30pm.





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Save The Date

Anna Sheinberg, Social Director

Ahoy there SCOW family,

The Fall sailing season 2012 is upon us as we say farewell to the hot weather summer sailing brings. We have enjoyed many delicious and refreshing social sails on the banks of the Potomac thanks to our chefs, co-chefs, and dock-masters. I would also like to recognize our skippers who safely navigate the murky waters of the Potomac and take us out to ride the wind on a weekly basis.

This weekend, SCOW raises its sails' in the Leukemia Cup for the Leukemia Lymphoma Society occurring the weekend of September 8, 2012 on the Potomac. This year, various SCOW teams have raised over \$20,000 in donations for the National Chapter of the Leukemia Lymphoma Society.

Looking a little further ahead, we have the Hail and Farewell of 2012 upcoming in November 2012. This gives SCOW an opportunity to thank the 2012 Board of Directors and welcomes the New Board of Directors of 2013. Be on the lookout for more details to save the date of November 17, 2012 and join us.!

See you on the water!



Big News for Apple Users

Chris McGraw, Commodore

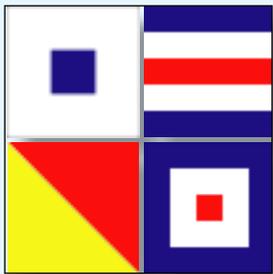
Hi friends,

Wanted to let folks know that there now is a way to reserve SCOW boats from iPhones and iPads. (The Faces online boat reservation system that we use works using Java that isn't readily available on iPhones and iPads.)

There's an application now available for \$2.99 in the apple app store called "Cloud Browse". Through that application you can run a secure SSL connection to browsers that run the java code needed to use Faces (<http://faces.ccrc.uga.edu>). I'll warn that the application doesn't have great reviews, because even after you've paid \$3 bucks for it, it will only allow you to use that application for a 10 minute interval at a time unless you also subscribe for a monthly fee or yearly fee. Still, 10 minutes is about all you'll need to log into faces and reserve a boat. Their user interface isn't superb, but it is functional. Luis and I have both tested it out, and it works for us.

<http://itunes.apple.com/us/app/cloud-browse-web-browser-for/id394418635?mt=8>

Hope this is a help to some folks. Cheers and fair winds!



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In Memory Michael Tureheart *Ron Sheldon*

SCOW member Mike Trueheart passed away May 3rd after a year long battle with pancreatic cancer.

On September 22nd there will be an afternoon church memorial service, followed by an early evening buffet dinner, to celebrate Mike Trueheart's life. If you knew Mike and would like to attend either or both of these events, please so indicate in the Events portion of the Celebration of Mike Trueheart's Life Facebook site here <http://www.facebook.com/events/222193314565281/>.

If you'd like to give everyone present a glimpse of parts of Mike's life and what he meant to you, other people and the groups he touched, you may speak for 2-3 minutes at the church memorial service. Please indicate your desire to speak in your entry to the Facebook Event and in an email to Cheryl Simmons, csimmons@aol.com.

The evening buffet dinner will be very informal. You will also be able to speak and share lots of stories then.



SCOW member Mike Trueheart.

Join Us Celebration of the Life of Michael Tureheart

Saturday, September 22, 2012
Washington, DC

A Traditional Memorial Service will be held at 2:00 pm at the Metropolitan Memorial United Methodist Church, 3401 Nebraska Ave NW, Washington, DC 20016 (diagonally across from American University).

Light refreshments to follow
(Approximately 3:15 PM – 4:15 PM).

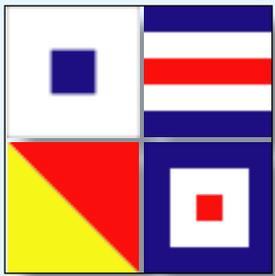
Parking, Public Transportation (bus stops in front of Church) <http://www.nationalchurch.org>

A Meal and the Sharing More Memories will begin at 6:30 pm at the Kenneth H. Nash American Legion Post #8, at the intersection of D St., 3rd St., and N. Carolina Ave., SE

Buffet Dinner (Cash Bar available)

Limited Street Parking; Nearest Metro Station: Capitol South or walk 2 blocks South of Pennsylvania Ave., SE





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The Scot Safety Equipment Bags (featured in ChaNNels May 2012) have portable VHF's for each of our Flying Scots. VHF's are installed on all of our cruisers. Normally you'll keep these radios tuned to Channel 16 when you are out on the water. As a skipper, know when to transmit a mayday distress call, or an urgency Pan-Pan call, or when to refrain from making a distress call, and also what to do when you hear a distress call on the VHF.

If your vessel is not in distress, please refrain from using the word distress, as some may assume that you are trying to hail a Mayday. Every skipper must understand what does not constitute a distress or urgent situation. Mere running out of fuel or having a dead battery, or a common grounding, for example, does not constitute using Mayday or Pan-Pan unless truly bad weather or other conditions threaten. The information below is taken from the excellent Chapman Piloting & Seamanship (a great book I recommend purchasing!). If you do encounter a Mayday or Pan-Pan situation, please let our Board know: board@scow.org. Also, note that the marine environment can be unforgiving, and what may initially be a minor problem can rapidly develop into a situation beyond your control.

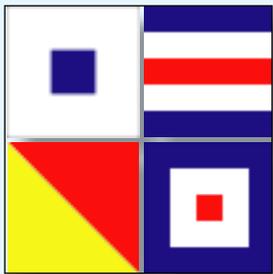


Safety Equipment Bags, used when sailing a Flying Scot, can be found in the sail locker. You will find a VHF Radio included in each bag!

In Distress: Call "Mayday"
In Urgency: Call "Pan-Pan"
For General Help: Call River Police
For Incidental Help: Call "any SCOW boat". It is also wise to have available to you the phone numbers of SCOW officers for non distress or urgent situations.

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We need to be sure that folks understand what constitutes an emergency and what does not.

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Mayday Distress Call:

Only when grave and imminent danger threatens life or property and immediate help is required should you use the distress procedure Mayday on VHF Channel 16.

Your message should be heard by boats, USCG stations and other shore stations that are within communications range. Speaking slowly, clearly and calmly use your marine radio to communicate the following information (press the red DSC button and turn to channel 16):

1. "Mayday... Mayday... Mayday"
2. "This is (boat name)...(boat name)...(boat name)."
3. "Mayday (boat name) Position is (vessel position from a well known navigation landmark).
4. "We (nature of your emergency)"
5. "We require (type of assistance required)"
6. "On board are (number of adults and children on board) and (safety equipment aboard) (State conditions of any injured.)"
7. "(Boat name) is a (boat length in feet) foot (sailboat with a (hull color) hull and (sail color) sails"
8. "I will be listening on Channel 16"
9. "This is (boat name). Over."

Pan-Pan Urgency Call & Message:

Send the Pan-Pan urgency signal to indicate that you have a "very urgent" message regarding the safety of your vessel or the safety of a person.

1. "Pan-Pan... Pan-Pan...Pan-Pan" [properly pronounced "pahn-pahn"]
2. "All Stations. (or the name of a particular vessel)"
3. "This is (boat name)...(boat name)...(boat name)."
4. "We (nature of your emergency)"
5. "We require (type of assistance required or other useful information such as your position, a description of your vessel and/or the number of people on board)"
6. "This is (boat name). Over."

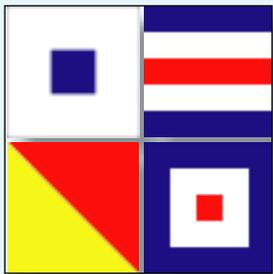
Canceling a Pan-Pan

If you transmit a Pan-Pan call, then find that you no longer require assistance, you must cancel the message.

1. "Pan-Pan... Pan-Pan...Pan-Pan"
2. "Hello all stations, Hello all stations"
3. "This is (boat name)."
4. "Time is (transmission by 24 hour clock)."
5. "Cancel Pan-Pan."
6. "This is (boat name) Out."

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If you hear a Mayday Call:

If you are not in distress but you hear a Mayday call, listen carefully--do not transmit. As you listen, try to determine if your boat is in the best position to take the necessary action, or if some other vessel is better located or better equipped to deal with the situation. If yours is the logical boat to render assistance, reply with a call to the distressed vessel as follows:

(Name of boat in distress)...(name of boat in distress)...(name of boat in distress). This is (your boat name)... (your boat name)... (your boat name). Received Mayday."

When the other vessel has acknowledged your call, continue with your offer of assistance by giving your position, your speed toward the scene of distress, and the estimated time to get there. But be sure before you transmit that you will not be interfering with the signal of another vessel better situated to render immediate assistance. Keep in mind that the "Good

Samaritan" provision protects you from liability. (Look up the details of this provision.) If yours is not the logical boat to take action, maintain radio silence but monitor the frequency closely for any further development.

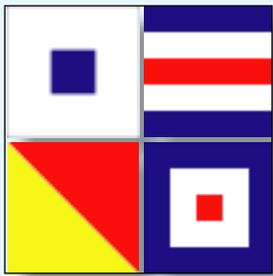
Finally, if your situation is not a distress, you may hail, "Coast Guard". If alternative sources of assistance are available, the Coast Guard will normally coordinate the efforts to assist you. If you have a friend, marina, or commercial firm that you want contacted, for example, often the Coast Guard will attempt to do so, or may make a Marine Assistance Request Broadcast on your behalf. This announces that you need help, gives your location, and invites others to come to your aid. (Of course, if you've brought a cell phone with you, you may also use that, too.)

Stay safe and have fun on the water!



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Wednesday Night Scot Racing Has Ended

Jim Klein

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The SCOW Wednesday Night Racing Series has been a huge success this year. With the exception of just a few weeks, we have had all 4 of our Flying Scots in the water and just about filled to capacity for this SCOW activity, which has become quite popular now for several years.

Scots were up against one another in a series of informal practice races targeted at learning how to race a sailboat. Any SCOW active member was welcome to participate and needed only show up at 5:30 PM to help put the boats in the water and get them rigged.

Although each boat has an official SCOW skipper, often when conditions permit, crew members had the opportunity to rotate to all positions, including the boat 'driver' (taking the helm).

We have seen improvements from the beginning of this season, boats being sailed well in all conditions, including light air, where crew weight placement to leeward is critical, and we've also seen quite a bit of spinnaker use, which is encouraging.

SCOW crew displayed their knowledge of racing rules, as rarely were there any rules infractions (and no collisions!). On the evening of August 1st, we witnessed all four boats being raced very cleanly in a steady 7 kts, amongst about 6 or so other PRSA boats racing in the same cove, all boats coming quite close to one another but under complete control.

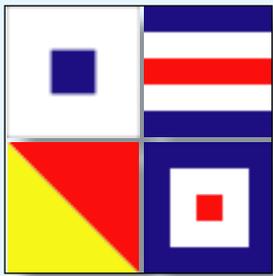
Finally, on those days where there were Small Craft Advisories (SCAs), we saw that the skippers and their crews were reefing the mainsails correctly and keeping the boats safe and controlled.



What's wrong with this picture?

Note a few things that will help your racing performance:

1. Stay close to the start line pre-race. There will be a 2 minute countdown and you need to be able to hear the whistle.
2. Keep the boat heeled a little to leeward for extra speed.
3. Just like playing chess, think of your moves ahead of time. What is the favored end of the start line? I might be coming close to Boat A, so ahead of time I need to think about who has rights. After rounding the windward mark, which end of the finish line is favored? If you have questions about these, ask me.
4. Keep tiller movements to a minimum. A tiller handled well glides the boat through turns; handled wrong, and it becomes a big brake.
5. Do not, do not go aground. It will pretty much finish the race for you. When nearing the shoal, tack and do not take chances.
6. Keep crew weight compacted in the mid/front of the boat. Weight in the aft end of the boat slows it down.
7. The starts are very important in these short races, and for that matter, in just about any yacht race. So focus on your starts, be on the start line at the gun, have good speed, be on the favored tack, and have clear air in front of you, and you'll almost certainly do very well in the race.



Upcoming Events

The *SCOW website* posts all events during the 2012 season.

Social Sail!

Every Thursday through the fall beginning April 5, 2012
6:00 pm, Washington Sailing Marina

Come out to this weekly event at the marina by the cranes. Bring your \$5.00 and enjoy an evening of good food and drink, and a chance to relax on the water with friends.

Volunteers, step up to serve as chef/co-chef, dockmaster or skipper during the 2012 season. Please contact Anna (social@scow.org) to sign up!

KISS Fall Racing Series

The Fall Racing Series began August 14th and takes place Tuesday evenings through September 18, 2012
Washington Sailing Marina

Sponsored by the Dangerfield Island Sailing Club (DISC).

Check in with Deepak (racing@scow.org) about opportunities to crew on Rebecca or Skirmish.

Membership Meeting

Monday, September 10, 2012
6:30 pm - 9:00 pm
Capitol City Brewery
2700 South Quincy Street
Arlington, Virginia 22206

Join us for a SCOW Happy Hour from 6:30 pm - 7:30 pm. (select menu items and beer half price!) followed by the membership meeting 7:30 pm - 9:00 pm. Member Jim Klein, Laser racer and SCOW cruiser racing skipper will be our guest speaker.



Mike in his element.



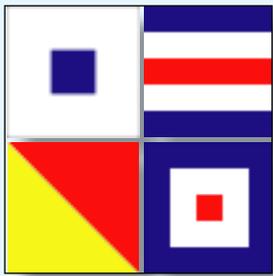
Skirmish's crew on a Tuesday night.



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2012 Officers

Commodore..... Chris McGraw commodore@scow.org
 Vice Commodore Kyoko Kawai vice@scow.org
 Secretary Maggie Kruesi secretary@scow.org
 Treasurer Joe Bonanni treasurer@scow.org

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Maintenance Director Luis Rivas maintdir@scow.org
 Racing Director Deepak Bellani racing@scow.org
 River/Bay Director Faith Rodell river@scow.org
 Membership Director Charles Gilbert membership@scow.org
 Skipper Director Jonathan Thron skipper@scow.org
 Social Director Anna Sheinberg social@scow.org
 Training Director Tom Vaughan..... training@scow.org
 & Anne Reb..... training2@scow.org

2012 Board Appointees

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 Membership Coordinator ... Henry Cheng members@scow.org
 Email Administrator Jeff Teitel postmaster@scow.org
 Web Editor Luis Rivas webmaster@scow.org
 Picasa Pictures Charles Gilbert pictures@scow.org



Board Member Anne.

