

At sea, I learned how little a person needs, not how much.  
- Robin Lee Graham

The Newsletter of the  
Sailing Club of Washington

## March 2014 Welcome to Spring

Welcome To Spring 1

Hi friends!

Reefer Madness 2

SCOW's annual Re-Up Brunch marks the official kick-off party for our sailing season. See old friends and make new contacts, become a new member or renew your membership, and register for the club's sailing classes and other upcoming events.

Don't miss the Re-Up Brunch! Details on p.6 contact Chris at [social@scow.org](mailto:social@scow.org) to volunteer!

Race Seminars In Session 3

2014 Racing site:

<https://sites.google.com/a/scow.org/scowracing/>

See page 6 for more details. Bring your pot luck dish or pay \$10.

Maintenance Day 4

Volunteer: Can you run a vacuum? Greet visitors? Then we need your help! Email [social@scow.org](mailto:social@scow.org)

Subject: Reup Brunch Volunteer and I'll plug you in. We'll get lots of hands to make it light work.

Cheers!

Chris McGraw  
Social Director

Upcoming Events 6

Re-Up Brunch 3/09

Maintenance Day 3/15

Wednesday Racing 3/26

Rub Off The Rust 3/29

Social Sail 4/3

C' Blossom Regatta 4/12

Contact the Board 7

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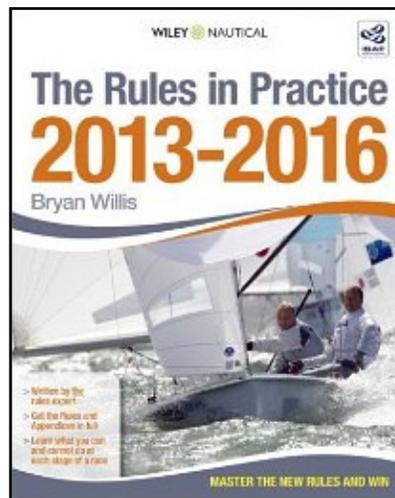
Photo by Rob Reuter.

## Basic Racing Rules

Recommended by Jim Klein

This is a good primer on basic racing rules. It is online and free.

<http://www.pdracer.com/sailboat-games/conventional/basicracingrules.pdf>



## Book Review

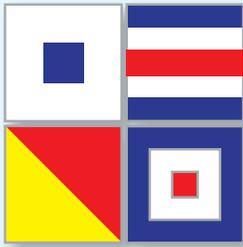
Recommended by Dave Beckett, Training Director

## The Rules in Practice 2013-2016 by Bryan Willis

Prepare for the 2014 Racing Season by brushing up on the rules! *The Rules in Practice* by racing rules expert Bryan Willis is a complete list of race rules, and provides clarification with beautiful illustrations and examples for each stage of the race.

Available on Amazon.com





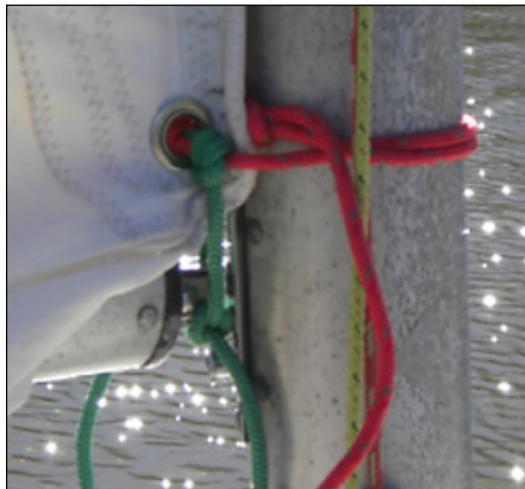
## Reefer Madness

*Dan Sandhaus, Skipper Director*

We had a great turnout for our first reefing clinic held on Saturday, February 22, 2014. Six trainers and 20 other skippers turned out to learn the new reefing procedure. It was a warm 60-degree day.

The new reefing rigging is pretty straightforward. Here (below) is a picture of the new two-line reefing configuration at the tack of the mainsail – one line ties around the mast, and the second line ties around the gooseneck. Remember to put the reefing lines under all of the other halyards and lines running up the mast.

At the clew of the sail, we have put two blocks at the aft end of the boom to simplify reefing. There is no more need to untie the outhaul from the clew and retie it to the reefing point grommet! Now, just run the outhaul through



*The new two-line reefing configuration.*

**We are looking forward to more reefing clinic days. See page 5 of this issue for dates and details and rub off your rust!**



one block like usual, then through the reefing grommet on the leech of the sail, and then back through the second block.

There are two ways to secure the outhaul: all boats except Elisse have a cleat on the port side of the boom that can be used for securing the outhaul, pictured below. On Elisse, or even the other boats if you prefer, you can run the end of the outhaul back through the reefing



*Securing the outhaul with the cleat found on the boom of all our Scots except Elisse.*

grommet and then tie it around itself (the reefing line), securing it with two half hitches. Then tie the new clew tightly to the boom with the green reefing line provided - or you can use the remainder of the outhaul for that, too. Coil and hang the excess outhaul line. Finally, secure the middle reefing lines by tying them loosely with a square (reefing) knot. Remember – do not get the main sheet or other lines tied under the reefing knots.

Joseph Depoorter has volunteered to update the Flying Scot Skipper Information File (SIF) with the new reefing procedure. Thank you Joe!

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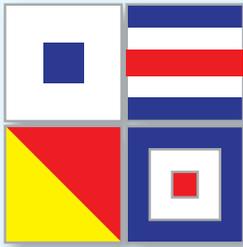
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## Race Seminars In Session

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The first night of our spring racing seminar series kicked off on February 25th with a presentation by Jim Klein to a full house of members at The Royal Restaurant in Alexandria. Many thanks to Jim for sharing his expertise and for welcoming questions from members of all levels of racing experience. All benefitted from this very informative and lively discussion on race rules, with much value added from members sharing their own experiences in competition, as well as the countless scenerios demonstrated with Dave Beckett's new white board and sporty magnetic boats.

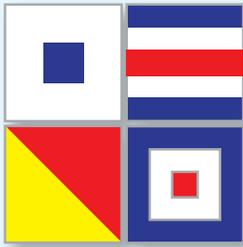
Dave led the second of our seminars, focusing on racing tactics. His generous sharing of subject matter expertise combined with members eager to learn promises to take this year's competitions to another level.

On Wednesday, March 12th, Julian Mallett will instruct, the subject being the Race Committee. There is still space available so visit the [SCOW Racing Seminars sign-up page](#) and sign up.

Many thanks to Julian, our racing director for organizing this educational series. Don't forget to thank the staff at The Royal Restaurant for letting us keep them up late!

See page one of this newsletter for a couple of great recommendations to get ready for racing.





## Spring Maintenance Day

Jim Talley, Maintenance Director

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**When:** Saturday, March 15 from 10:00 am – 2:00 pm  
**Rain date:** Sunday, March 16.

**Bagels, donuts, and coffee will be provided.**

**Where:** Washington Sailing Marina  
(meet by the cranes)

**Who:** All Sailors. That means you.  
No experience required.

**Why:** To prepare all our Scots and Cruisers  
for the upcoming sailing season.

### Spring Maintenance Tasks:

#### Ms. Ellie:

- install a 6" transom port as required by FSSA race requirements
- install floatation bags
- install PFD storage hammocks (under each seat)
- sand bow and apply a gel coat filler to gouges/scratches/previous repairs
- apply 2014 DC registration bow stickers

#### Susie Q:

- install a 6" transom port as required by FSSA race requirements.
- install floatation bags
- install PFD storage hammocks (under each seat)
- inscribe hull # on centerboard closet. (I can do this with a drill)
- replace worn registration numbers on bow (port and starboard)
- scrape/sand off paint and restore/finish gel coat on bow.
- apply 2014 DC registration bow stickers
- replace broken starboard trailer tail light (or make temporary hanging tail light assembly to hang on back of boat when trailering).

#### Selkie:

- apply 2014 DC registration bow stickers
- inspect spinnaker halyard rigging including the fittings. Replace as needed.

#### Sunset Song:

- apply 2014 DC registration bow stickers
- cut off and file protruding bolt on tiller extension.
- install PFD storage hammocks (under each seat)

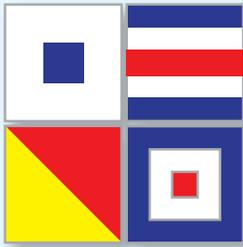
#### Elisse:

- apply 2014 DC registration bow stickers
- unfoul jib and main halyards which are binding inside the mast. May require a demast.
- install PFD storage hammocks (under each seat)
- replace broken starboard trailer tail light (or make temporary hanging tail light assembly to hang on back of boat when trailering)

#### Rebecca:

- Severed electrical wire at base of mast-- anchor or steaming light or radio antenna?
- Radio emits constant static on Ch. 16-- it's supposed to be quiet.
- Outhaul and jiffy-reefing lines are frayed and need to be replaced.
- Mainsail plastic slugs "grab" in the mast track and need to be lubricated.
- There are 2 mainsail batten plastic "wedges" missing on the luff of the mainsail-- these wedges fit into the plastic batten brackets and are secured by the retaining webbing in order to keep the battens secure. We either need to replace them or figure out another way to secure the battens.
- The metal "slide" part of the gooseneck assembly appears to be worn and results in a lot of lateral (port/starboard) play in the boom-to-mast juncture. It's essentially the slug for the boom
- Need to take a hacksaw and trim the 4 small bolts that attach the toilet paper holder to the lavatory bulkhead.
- Need to replace the missing the lazarette/dock box key.





## 'Rub off the Rust', Reefing Clinic and Hiatus Familiarization

*Dan Sandhaus, Skipper Director*

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Ahoy ye rusty frozen landlubbers! What a winter! I hope it thaws by late March when we have a flurry (not the snowy kind) of activities coming up.

This year we have a lot of activities to cover, and because of that we have scheduled three (3) 'Rub off the Rust' opportunities. Why? Because (1) all Flying Scot skippers must do a mini checkout on new reefing procedures, (2) there are some cruising skippers who will want to complete the Hiatus Familiarization briefing so they are qualified to take out Hiatus, our newest cruiser, and (3) as always, there are the general 'Rub off the Rust' activities to refresh our memories on how to connect the whatchamacallit to the thingamajig.

In the fall of 2013, the reefing rigging on all of our Flying Scots was modified to provide safer, more secure reefs, and to protect the sails from wear and tear that resulted from improper reefing. As a result of this rigging change, the club is requiring all Flying Scot skippers to complete a mini-checkout on the new reefing procedure. This checkout is required in order for you to gain access to the boat reservation system and to get the new boat lock combinations in April 2014.

The club will provide ample opportunities to complete the reefing mini-checkout, including three 'Rub off the Rust' days, reefing clinics as needed on racing days, and you may also request to schedule a reefing checkout individually, and I will try to hook you up with a checkout skipper at your mutual convenience. We hope this will be taken in the spirit of wanting to improve our sailing skills.

Good news, only 15 out of 66 cruiser skippers remain to complete the Hiatus Familiarization briefing, and this is optional.

### The dates and times for the three 'Rub off the Rust' events are as follows:

- **Saturday, March 29, 2014, 12 PM – 4 PM**
- **Sunday, March 30, 2014, 12 PM -4 PM**
- **Saturday April 19, 2014, 10 AM – 2 PM**

(note that this is Easter weekend, so if that is an inopportune time for you to attend, please plan on attending one of the earlier events.)

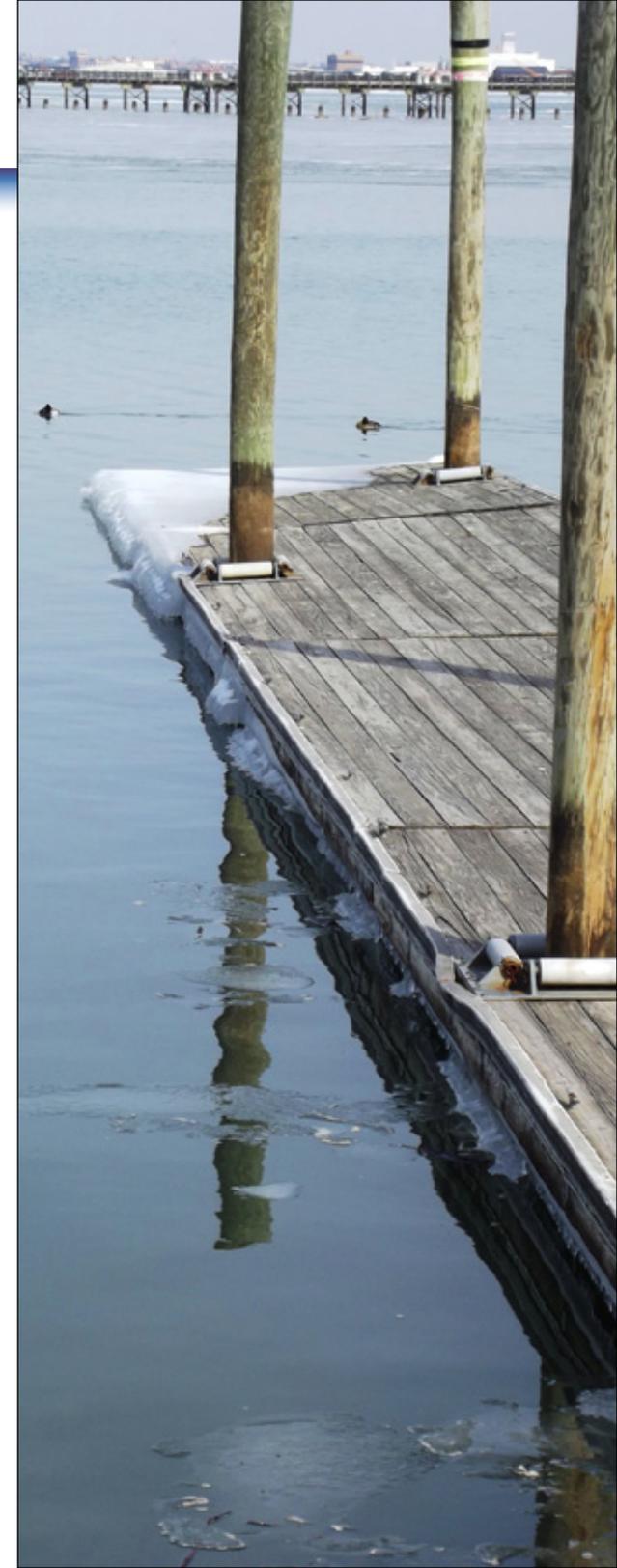
As always, our social director will provide coffee and donuts to keep us warm and happy during these events.

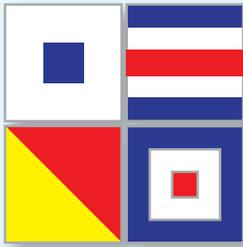
If you have any questions contact me at [skipper@scow.org](mailto:skipper@scow.org)

Dan



*Photo by Rob Reuter.*





## Upcoming Events

The [SCOW website](http://scow.org) posts all events year round.

### March 2014

### Racing Seminars

Registration is required! Check out the [racing web site](http://scow.org) and see if you can catch a class!

7:00 pm - 9:00 pm  
Old Town Meeting Room at  
The Royal Restaurant ([map](#))

734 N St Asaph St., in Alexandria  
(703) 548-1616

Join in these lively and informative small group events. Come early for happy hour and dinner, The Royal Rocks!

### Re Up Brunch

Sunday, March 9, 2014

11:00 am – 3:00 pm

The Colonies in McLean  
7681 Provincial Dr., McLean, VA 22102

Bring a dish to share or pay \$10., and bring along potential new members... the more, the merrier!

- Renew your membership.
- Sign up for the awesome training classes (be there early to help set up before class sign ups.)
- See what's on schedule for river, bay, racing, and social activities this year.
- Enjoy a delicious brunch of ham & roast beef plus omelets & pancakes.
- Bloody Marys and Mimosas!
- Socialize, shoot pool, play ping pong, sing, eat, drink & be merry.

Volunteers make our events a success, as seen at the fabulously successful After Glow Party in January! Help is needed for set-up, clean-up, omelet cooks, bartenders. Think about how you can help, and contact Chris at [social@scow.org](mailto:social@scow.org).

### Spring Maintenance Day

Saturday, March 15, 2014

Rain Date: Sunday, March 16, 2014

10:00 am – 2:00 pm

Washington Sailing Marina

Come down to the marina for coffee and donuts before we get to work on our fleet. Members can fulfill their volunteer obligation to the club while keeping our fleet safe and in good shape. Contact Jim at [maintenance@scow.org](mailto:maintenance@scow.org) to get involved.

### Wednesday Night Pick-up Races Begin

Wednesday, March 26, 2014

4:00 pm - Dark

There is life after winter! Join us for the return of the informal but always educational Flying Scot races in the lagoon. Races run every week on Wednesday nights through October 8th.

### Rub Off The Rust and Reefing Clinic

Saturday, March 29, 2014

12:00 pm - 4:00 pm

Rain Date: Sunday March 30, 2014

Shake off that winter rust and get reacquainted with H<sup>2</sup>O as a liquid! Meet at the marina to refamiliarize yourself with our fleet and our club procedures. After the day is over, you'll want to log on and reserve your first sail of the season!

### Social Sail Begins

Thursday, April 3, 2014

6:00 pm - Dark

Washington Sailing Marina

It's time again for Social Sail, yipee! Come down to the marina for a week-night sailing fix and enjoy the company of sailing enthusiasts. Drop a note to our Social Director and get involved! [Social@scow.org](mailto:Social@scow.org)

### Cherry Blossom Regatta

Saturday, April 12, 2014

Washington Sailing Marina

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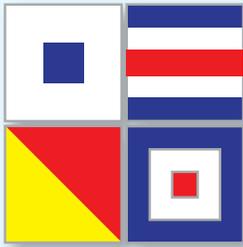
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## March 2014

## 2014 Officers

Commodore .....	Chris Tindal .....	<a href="mailto:commodore@scow.org">commodore@scow.org</a>
Vice Commodore .....	Luis Rivas .....	<a href="mailto:vice@scow.org">vice@scow.org</a>
Secretary .....	Rob Reuter .....	<a href="mailto:secretary@scow.org">secretary@scow.org</a>
Treasurer .....	Adam Cromie .....	<a href="mailto:treasurer@scow.org">treasurer@scow.org</a>

## 2014 Board Members

Training Director .....	Dave Beckett .....	<a href="mailto:training@scow.org">training@scow.org</a>
Skipper Director.....	Dan Sandhaus.....	<a href="mailto:skipper@scow.org">skipper@scow.org</a>
Social Director .....	Chris McGraw .....	<a href="mailto:social@scow.org">social@scow.org</a>
Maintenance Director .....	Jim Talley .....	<a href="mailto:maintdir@scow.org">maintdir@scow.org</a>
River/Bay Director.....	Kristine Sadusky .....	<a href="mailto:river@scow.org">river@scow.org</a>
Racing Director.....	Julian Mallett .....	<a href="mailto:racing@scow.org">racing@scow.org</a>
Membership Director.....	Barbara Thacker.....	<a href="mailto:membership@scow.org">membership@scow.org</a>

## 2014 Board Appointees

Chair, Training & Skipper		
Certification Committee .....	John Rodgers .....	<a href="mailto:TSCC@scow.org">TSCC@scow.org</a>
Chair, Boat Assets Committee.....	Alex White .....	<a href="mailto:BAC@scow.org">BAC@scow.org</a>
Chair, Investments Committee .....	Ron Sheldon .....	<a href="mailto:investment@scow.org">investment@scow.org</a>
Chair, Audit Committee.....	Mahl Avila.....	<a href="mailto:audit@scow.org">audit@scow.org</a>
Channels Editor.....	Barbara Thacker.....	<a href="mailto:editor@scow.org">editor@scow.org</a>
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Email Administrator .....	Jeff Teitel .....	<a href="mailto:postmaster@scow.org">postmaster@scow.org</a>
Picasa Pictures .....	Charles Gilbert.....	<a href="mailto:pictures@scow.org">pictures@scow.org</a>
Web Editor .....	Luis Rivas.....	<a href="mailto:webmaster@scow.org">webmaster@scow.org</a>

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